California Code Of Regulations Title 22@ Social Security

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Division 5@ Licensing and Certification of Health Facilities, Home Health Agencies, Clinics, and Referral Agencies

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Chapter 3@ Skilled Nursing Facilities

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Article 4@ Optional Services

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Section 72459@ Special Treatment Program Service Unit-Acceptable Forms of Restraints

72459 Special Treatment Program Service Unit-Acceptable Forms of Restraints

(a)

Mechanical or behavior restraints are defined as any apparatus that interferes with the free movement of a patient. (1) Physical restraint means restraint to control an acutely disturbed person to prevent the person from causing harm to self or others. The tying of hands or feet, whether or not the person is restrained in a bed, chair or wheelchair, shall be considered a physical restraint. A physical restraint shall not be confused with a postural support as defined in Section 72319(k). Only the following types of physical restraint may be used: (A) Soft tie consisting of cloth which prevents movements of a patient. (B) Mittens without thumbs which are securely fastened around the wrist with a small tie. (C) Cloth vests consisting of sleeveless cloth webbing. (D) Belts and cuffs, which are well padded, used to control a seriously disturbed, assaultive patient.

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Belts and cuffs, which are well padded, used to control a seriously disturbed, assaultive patient.